



FOR IMMEDIATE RELEASE

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Georgia Southern's Women Rugby Players Selected To Play On National Level

STATESBORO, Ga. – Members from the Georgia Southern Women's Rugby team were chosen for the South Women's U19 All-Star Championship Roster, and to play on the USA Rugby South team at the NACRA DHL Sevens Championships.

GSU students Morgan Koon and Hilari Tribble were chosen for the South Women's U19 All-Star Championship team to compete at the 2011 U19 Invitational National All-Star Championship.

The GSU Women's Rugby President, Kimberly Knipe saw this as a team accomplishment.

"The team was extremely excited and supportive of their teammates who made the selection. Few schools had more than one member representing them on the team," said Knipe.

Knipe was selected to play on the USA Rugby South team at the NACRA DHL Sevens Championships at Barbados. Rugby South played under wet conditions due to a recent tropical depression. Despite the poor conditions, the team finished with a record of 5-2 finishing 4th overall.

Other members of the women's rugby team are using these accomplishments to motivate themselves to train harder.

"The girls who were not age eligible had their vigor renewed and trained harder as they know their opportunity to be selected for the Senior Women's USA Rugby South National team are upcoming in the spring," said Knipe.

Besides motivation, the team has been able to create a prestigious reputation due to these achievements.

"[We] now have connections with girls from high schools and colleges across Georgia. I was asked back to assistant coach next year, and in addition to allowing me to network with coaches across the South, it shows the high school players on the team that Georgia Southern has a legitimate women's rugby program as well as a certified coach," said Knipe.

ABOUT CAMPUS RECREATION AND INTRAMURALS:

The Department of Campus Recreation and Intramurals (CRI), an integral and active service of the diverse University community, supports and strengthens the mission of Georgia Southern University. Our purpose is to provide growth opportunities and educational experiences, which will enrich the life-long learning process. For more information about Campus Recreation and Intramurals, please call (912) 478-5436 or visit <http://services.georgiasouthern.edu/cri/> online.

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Sweat in Pink
2nd Annual Pilates for Pink

STATESBORO, Ga. – More than 400 students sweated it out in pink at the Campus Recreation and Intramurals' 2nd Annual Pilates for Pink Tuesday night.

Group fitness classes were themed for the night in honor of Breast Cancer Awareness. Students participated in Spin to Save Second Base, Shake Off Cancer, Strike a Pose Against Cancer, and Pilates for Pink.

"This is the second year that we have held the Pilates for Pink event here at Georgia Southern. We devote our classes to the evening to raise awareness about breast cancer prevention and early detection," said Justine Coleman, Fitness Program Director at CRI.

Many students participated due to personal familiarity to the cause.

"My grandmother died from breast cancer, so I try to participate in as many events as possible. This event is just another way to workout and raise money for breast cancer at the same time," said Michelle Johnson, Georgia Southern Junior.

The fitness program R.I.P.P.E.D. was previewed during the event and will be returning as a group fitness class offered in the spring. Fitness Instructors and participants dressed in pink for the occasion.

Zeta Tau Alpha sponsored the event by educating students about breast cancer.

"It is important for us to be apart of anything that has to do with Breast Cancer Awareness," said Madison Robinson, Fitness Instructor and Zeta Tau Alpha Rituals Chair.

The group handed out Breast Examination Shower Cards, Breast Examination Reminder Stickers, and Pink Ribbons to students.

Participants and Recreation Activity Center patrons also had an opportunity to donate to the cause.

(MORE)

"The students even in difficult economic times understand and give to research that searches for the cure or supports those fighting the disease," said Coleman.

Pilates for Pink allowed students to workout in their pink attire and support Breast Cancer Awareness.

"Exercise is a positive behavior that can reduce your risk of cancer and we hope that some people come and find a class that they really enjoy and stick with it. We couldn't have a more supportive group here at GA Southern. Ultimately, the event was a success because of them," said Coleman.

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For Immediate Release

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STATESBORO, Ga – (April 18, 2011) Georgia Southern’s Office of Student Media is hosting their annual First Amendment Free Food Festival (FAFFF) on April 21st from 11 a.m. – 1 p.m. at the Williams Center Plaza.

At the FAFFF, Students will be stripped of their First Amendment rights in exchange of free food. The purpose of the event is to raise awareness about the five first amendment rights (speech, religion, petition, assembly and press) and to show students how important those rights are.

Other than Student Media, there are many other sponsors participating in the event. The Rugby Team will serve as the “Goon Squad”, and WVGS 91.9 The Buzz will be providing the music for the event. Chilis, The Grill, McAllisters, Gnat’s Landing, and Papa Johns are five of the 11 local Statesboro restaurants that are sponsoring the event.

More information about the event can be found thegeorgeanne.com, or the First Amendment Free Food Festival Facebook event page.

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